

ADAMS PATTERSON GYNECOLOGY & OBSTETRICS

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ESSURE CONFIRMATION TEST

Three months after your Essure procedure you will need to call our office so one of our nurses may schedule you for a special type of x-ray test called a Hysterosalpingogram (HSG). Please tell our nurse if you are allergic to shellfish, iodine, or contrast dye. If this is the case, Essure is contraindicated for you!

Your x-ray will be due in the month of _____ . Please call our office the first of this month so we may schedule this appointment. The Depo Provera for contraception injection that you were given prior to the Essure procedure is due again _____ .

HYSTEROSALPINGOGRAM

This test is performed to make sure that both of your Essure micro-inserts are in the correct position and that both of your tubes are blocked. This test will be schedule at one of the hospital out patient radiological departments. During this test a small flexible tube is placed through your vagina and into your cervix. A dye is inserted through the tube and into your uterus. This fluid makes your uterus expand which might cause cramping. Then an x-ray will be taken and the radiologist will look to see if any of the dye leaks past the Essure devices and will also confirm that the micro-inserts are in the correct position. This test is considered a safe procedure and problems are rare but can include infection, vaginal spotting and possible allergic reaction to the dye.

OFFICE VISIT FOLLOWING HSG

When you speak to our office nurse to have the HSG scheduled also please schedule an office appointment with your physician to discuss the results of the x-ray. You may schedule this appointment within a week after the x-ray is performed, this will allow us time to receive the report. Continue using your birth control.

IMPORTANT FACTS

- You **MUST** use another form of birth control until you have been told by your physician that your tubes are blocked.
- It is possible that one or both of your tubes may not be blocked after the first 3 month waiting period. Should this occur, your doctor will tell you to continue to use another form of birth control for an additional three months and to schedule another HSG appointment at the end of those 3 months (6 months following the Essure procedure).
- If you rely on the Essure device for birth control before being assured by your physician that your tubes are blocked, you may become pregnant or have an ectopic pregnancy (pregnancy outside of your uterus). Ectopic pregnancies can be life-threatening.
- Always tell all of your doctors that you have the Essure micro-inserts before having an MRI.

My signature states that I have read and understand the above information.

SIGNATURE

DATE