

ADAMS PATTERSON GYNECOLOGY & OBSTETRICS

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IN OFFICE

SCREENING TESTS DUE @ 27 WEEKS GESTATION

You will have your testing done in our office. The may be scheduled at one of the following times:

1. Regular monthly OB visit- When our office assistant instructs you when the appropriate time of screening is due you may have this testing done at your regular monthly visit. You will be in our office for at least one hour, so please **schedule this visit prior to 2:30 P.M.** to insure that adequate time is allotted for these tests.
2. Lab only appointment- If it is more convenient or your regular OB visit does not occur during this time period you may schedule a lab only appointment. During this visit, you will not see your physician; our lab personnel will administer the testing.

You will be given the results of your tests and recommendations prior to leaving our office.

HEMATOCRIT- This finger stick blood test evaluates for the possibility of anemia. Certain levels of anemia are not uncommon during pregnancy. Your physician may recommend adding an iron supplement along with your prenatal vitamins.

HIV- During the 3rd trimester an additional screening test is required by law.

MODIFIED GLUCOSE TOLERANCE TEST- This finger stick blood test screens for the possibility of gestational diabetes.

- It is not necessary to be fasting for this test. Any foods/drinks that are ingested prior to testing should be low in sugar (carbohydrates).
- You will be in our office for at least one hour. You will be given a controlled amount of glucose to drink. This will be consumed within a five-minute period. One hour after beginning the glucose drink, your specimen will be collected. During this hour, it is best for you to sit quietly because excessive movement may cause the blood sugar level to elevate.
- Should your blood sugar level be 140 or greater you will be instructed regarding additional testing, a full glucose tolerance test would then be necessary.

ANTIBODY SCREEN- If your blood type is **RH Negative** (and your spouse is RH Positive) you will be screened to evaluate for the possibility of RH incompatibility. This specimen will be collected and sent to a reference lab. A Rhogam injection will need to be given within 2 days after this test is done. You will need to schedule a lab only appointment and plan to return in 2 days for this injection. Therefore, it is best for you to have this testing on a Monday, Tuesday or Wednesday.