

## **POST LEEP INSTRUCTIONS**

LEEP (Loop Electrosurgical Excision Procedure)

1. Use a pad, not a tampon, for 2 weeks, if needed, for bleeding or discharge, or until bleeding stops.
2. No intercourse for 2 weeks.
3. No douching is necessary.
4. No heavy lifting or strenuous exercise for 2 weeks.
5. Light bleeding for up to 2 weeks is normal. However, if bleeding becomes heavy, or if you have any questions regarding the amount of bleeding you are experiencing call the office.
6. You may develop a brownish discharge lasting several days. If discharge becomes foul smelling, or if a fever is present call the office.
7. Schedule an appointment for the week after you finish your next period for a recheck exam.
8. Unless your doctor instructs you otherwise, your pap smear should be repeated for (4) months after the LEEP.

Please schedule an appointment for a follow up visit 4 months after LEEP. At this time the pap smear will be repeated to ensure that all cells are within normal limits. At this visit, your doctor will let you know when you should return.