

ADAMS PATTERSON GYNECOLOGY & OBSTETRICS

A DIVISION OF WOMEN'S CARE CENTER OF MEMPHIS

Patient: _____ Chart #: _____ ABO/RH: _____

YOUR TEST IS DUE THE WEEK OF: _____

SCREENING TESTS DUE @ 27 WEEKS GESTATION

This testing will be done in our office. The specimens will be drawn and sent to the reference lab. This may be scheduled at one of the following times:

1. **Regular monthly OB visit**- When our office assistant instructs you as to when the appropriate time of screening is due, you may have this testing done at your regular monthly visit. You will be in our office for at least one hour, so please **schedule this visit prior to 2:30 P.M.** to insure that adequate time is allotted for these tests to be completed.
2. **Lab only appointment**- If it is more convenient or your regular OB visit does not concur during this time period you may schedule a lab only appointment. During this visit, you will not see your physician; our lab personnel will administer the testing.

HEMATOCRIT- This test will check for anemia. Certain levels of anemia are not uncommon during pregnancy. After we receive your results your physician may recommend adding an iron supplement along with your prenatal vitamins.

HIV- During the 3rd trimester an additional screening test is required by law.

MODIFIED GLUCOSE TOLERANCE TEST- This blood test screens for the possibility of gestational diabetes.

- **It is not necessary to be fasting for this test.** It may be prudent to avoid foods high in sugar, for example sweetened cereals, syrups, juice or the like. However, even if you do have a meal or snack high in sugar we will still do the testing!
- You will be in our office for at least one hour. You will be given a controlled amount of glucose to drink within a five-minute period. One hour after beginning the glucose drink, your specimen will be collected. During this hour, it is best for you to sit quietly because excessive movement may cause the blood sugar level to elevate.
- Should your blood sugar level be 140 or over, you will be instructed regarding additional testing, a full glucose tolerance test would then be necessary.

ANTIBODY SCREEN- If your blood type is **RH Negative** (and your partner is RH Positive or the blood type is not known) you will be screened to evaluate for the possibility of RH incompatibility.

You will also receive a Rhogam injection after your blood work is collected.

Tdap Vaccination- At this time of your pregnancy, the Tdap (tetanus, diphtheria, pertussis) vaccination is recommended for all pregnant women with EACH pregnancy.