

ADAMS PATTERSON GYNECOLOGY & OBSTETRICS

A DIVISION OF WOMENS CARE CENTER OF MEMPHIS

ZIKA VIRUS INFORMATION

Zika is spread mostly by the bite of an infected mosquito. These mosquitoes are aggressive daytime biters. They can also bite at night. Zika can be passed from a pregnant woman to her fetus. Infection during pregnancy can cause certain birth defects. There is no vaccine or medicine for Zika.

- Have you traveled to an area where Zika is being actively transmitted at any time from 2 months before your last period until now? YES ____ NO ____

✓ **If yes, speak to your doctor today about possible Zika testing.**

- Has anyone you have had sexual contacted with (from two months prior to your last period until now) traveled to an area where Zika is being actively transmitted any time from 6 months prior to your last period until now? YES ____ NO ____

✓ **If yes, speak to your doctor about possible Zika testing today.**

____ I have been advised that if my sexual partner has traveled to an area with Zika, I should use condoms or other barrier protection every time I have sex or should not have sex with that partner for the duration of my pregnancy. Sex includes vaginal, anal and oral sex, and the sharing of sex toys. Barrier protection includes male or female condoms for vaginal or anal sex, as well as dental dams for oral sex.

____ I have been advised that I should **NOT** travel to any area with active Zika transmission for the remainder of my pregnancy.

____ I understand the above recommendations. I also understand that if travel is unavoidable, I should strictly follow steps to avoid mosquito bites as recommended by the CDC – (<http://www.cdc.gov/zika/prevention/prevent-mosquito-bites.html>) and to prevent sexual transmission during the trip (<http://www.cdc.gov/zika/prevention/protect-yourself-during-sex.html>).

____ I am aware I need to notify my doctor promptly if either my partner or I plan to travel to an area with active Zika transmission at ANY time during my pregnancy.

Patient Name: _____

Chart #: _____

SIGNATURE

Date: _____